

## Fizzy Bath Salts

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2 cups Epsom salts

1/2 cup Sea Salt or Rock Salt

1 cup baking soda

1/2 cup citric acid

7-10 drops of Essential Oils

1. Mix all ingredients together and combine well in a large bowl.
2. Transfer into a clean, air-tight container.
3. Add a small scoop or two to your running bathwater by placing the salts under the running water, to activate the bubbles.
4. May last up to 3 months if kept in a clean, air-tight container. Do not scoop with dirty hands or fingers.