

Whipped Peppermint Sugar Scrub

½ cup coconut oil

¼ cup sugar

¼ cup pink sugar (¼ cup sugar and 1 drop of red food coloring, mixed)

5-6 drops peppermint essential oil

1. Make ¼ cup pink sugar. Make this by adding one drop of red food coloring to the sugar and mixing it together with fingers. Set aside.
2. Combine white sugar and the solid coconut oil in a medium bowl and beat together with a hand mixer (or a stand mixer). Beat together until a smooth paste forms.
3. Beat together until mixed well and becomes light and fluffy.
4. Fold in the pink sugar. This gives it a nice two-toned appearance in your jar.

*Should last up to a month sealed in an air-tight container. Be sure to scoop with clean hands to prevent spreading germs and bacteria.

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