

50 Journal Questions to Ask Your Child

1. What are you good at?
2. What are you most proud of?
3. If you were invisible for a day, what would you do?
4. What makes you sad?
5. What are you scared of?
6. What is your favorite memory?
7. What is your favorite thing to do with our family?
8. Who is your best friend and why?
9. What is the best thing about being a kid?
10. Who is someone in history that you would like to be friends with?
11. What does it mean to be a friend to someone?
12. What is your favorite place you have been and why?
13. What does it mean to love someone?
14. What is your favorite color?
15. What do you want to be when you grow up and why?
16. Why do people have different skin colors?
17. What is something you are thankful for?
18. Who is your hero and why?
19. What do you think Heaven is like?
20. What is your favorite invention?
21. What would a perfect dream look like?
22. What is something you don't know how to do, but would love to learn?
23. If you could change one thing about mom/dad what would it be?
24. What is the hardest thing you have ever had to do?
25. What is your favorite subject at school?
26. What does Dad/Mom do at work?
27. What is the nicest thing someone has ever done for you?
28. If you could be an animal for one day what one would you be?
29. What was the funniest thing that happened this year?
30. What is the most embarrassing thing that has happened to you?
31. What rules in our home are the hardest for you to follow?

32. If you were to write a book, what would it be about?
33. What would a perfect day look like to you?
34. If we could go anywhere in the world right now, where would you go?
35. If you could have any superpower, what would it be and why?
36. If you could change anything in the world, what would you change.
37. What is your biggest worry?
38. Is there anything you wanted to ask me but didn't? Ask me now.
39. If you could do something like Mom/Dad does, what would it be?
40. What is your favorite food?
41. What is your favorite candy?
42. What is your favorite thing to do or play with?
43. What advice would you give Mom/Dad?
44. What is Mom/Dad's favorite thing to do?
45. How does the TV work?
46. What is your favorite book and why?
47. What is the funniest joke you know?
48. If you could build anything, what would it be?
49. Who was/is your favorite teacher and why?
50. What is one thing you couldn't live without?